

Mission Statement Provide the Mansfield community with a welcoming supportive home-like environment, that embraces respect and compassion, providing a place of respite and support in end of life care.

Our Vision

To support people in Mansfield community with a home like environment by providing:
Day / Short Stay Respite.
Palliative and End of Life Care.
Short Term / Transitional Care.
Community outreach support.

Our Values:

Compassion

Community involvement
Community participation
Respect
Dignity
Trust

Prospective guests are assessed to ensure the service is suited to their needs.

Guests and their families, will be supported by our passionate and caring nurses, carers and trained volunteers.

End of life care will be given to our guests and their families free of charge, with those that can afford to donate funds to assist with ongoing operational costs being appreciated.

Rosehaven is a tranquil non - clinical, supportive environment, offering an alternative to a busy hospital or nursing home for respite and end of life care.

Our Facility aims to compliment the palliative care provided by our local area health services and community health teams.

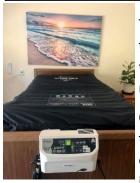
Newsletter

Well here we are at the end of the year, and what a year it has been, with many highlights, success and learnings along the way. I promised myself that I would get another newsletter out before we had a break, so here it is just in time!

I would like to take this opportunity to thank all of our community for embracing Rosehaven, the support we have received has been so very humbling. From our philanthropics, that assist with our operational costs, to our community groups, businesses and individuals that have contributed in many ways over the year.

Rosehaven could not be doing the work of a compassionate, caring community without all of our volunteers, we thank all of them from the bottom of our hearts for their time, support and contributions. We are very proud to say that we have 67 active volunteers currently with 25 inactive and we look forward to this group growing and expanding with Rosehaven.





Through the generosity of the Harry & Clare Friday foundation we now have air pressure mattresses, that we are able to use on our beds, or loan to people in our community that require them. Thank you

Our equipment shed is full of equipment, (wheelchairs, over the toilet seats, walkers, beds, electric recliners, crutches etc..) that is free for community to loan, if you know anyone in community that requires short term equipment loan,

then please get them to contact us. All of the equipment has been checked by our Occupational Therapist and electrical equipment has been tested by Jim's test and tag. This year we have loaned over 30 pieces of equipment to people in a time of need and we expect this service to grow in 2022.

Debbie Mims and Catriona Wilson continue with their fundraiser of croissants and jam, all of the funds raised from the sales goes towards providing emergency respite for people that may not otherwise be able to afford it. Over \$3000 has been banked,



so a very big thank you to you ladies. If you would like to purchase any delicious croissants or home made jam then please contact either Catriona (0417 514 306) or Debbie (0411 149 085).

We would like to welcome Chris Clarke to our staff as our gardener / maintenance person. Chris remains one of our valued volunteers as well, and has been very busy on many of our projects around the grounds.

We have a new path out to the clothesline that compromises some of the original homes bricks, with donated bricks from the Mims family. Constructed with the lead of Chris and our team of volunteers.



Day Respite available:

Tuesday, Wednesday and Thursday's 10—4pm
*We will be closed for Respite during January.

Overnight respite available:

Last week of the month Tuesday, Wednesday and

Thursday *We can tailor respite to suit individual needs as required.

End-of-life care as required.

Find us:

82a Malcolm Street, Mansfield Victoria, 3722

Phone: 03) 5775 3161 Mobile: 0417 593 843

Email:

manager@roshaven.org.au

Visit our website:

https://rosehaven.org.au Like us on Facebook

Donate - Donations can be made by mail, in person and via our website.

All donations over \$2 are tax deductible. Contact us today to make your donation.

Rosehaven shop is open:

Monday—Friday

10 –4pm

Sat / Sun

10-2pm

*Closed Christmas day and boxng day.

Please only drop off goods during shop hours.

Shop manager -

Cathie Smith - 0409 787 481 or jvandcsmith@gmail.com

Vale

Theresa "Tess" Walker

25th Oct 2021



We have a herb garden flourishing outside the kitchen window, and Liz has put in a sensory garden outside room 1.

Thank you to all the volunteers that assist with the gardening, mowing and general up keep of our gardens. They are looking absolutely beautiful and loved.



We received funding from the Mansfield Easter Arts show that has seen Chris construct our Community garden "Natures toothbrush", Joe Kirley discounting timber, the Mansfield CWA donating a lemon tree and another community member donating a mandarin tree. All of our fruit and vegies that have been planted have been donated through several generous community members. Our Wednesday volunteer group takes pride in maintaining, with Margie who was integral to ensuring the success of the plants, and whom visits regularly to water and maintain.

We were fortunate enough to have received funding to obtain an invaluable piece of equipment being the Raizer lifter. The Mansfield and District Welfare group funded this piece of equipment and were amazed when they saw it in action. If anyone is interested in seeing this piece of equipment in action then please just come in for a visit, we are happy to show it off, as it is amazing.





Our inaugural palliative care volunteers have completed their training, they have completed the 9 modules of palliative care Victoria's training program, with many reschedules happening during covid, we got there.

We are now able to provide people registered with palliative care services or that are living with a life limiting illness with practical support in their own home, transport to

medical appointments, being a companion / advocate etc.

Referrals can be made by individuals, family members or their healthcare team.

Congratulations to our 1st team of Rosehaven angels. Claire, Verena, Helen, Liz, Elaine, Alicia, Rosie, Bob, Wendy, Judy, Lorraine and Charon

We hope to be able to build upon our outreach service in 2022. We are offering the palliative care training over 2 days on the 3rd and 4th of March 2022, if you, or anyone you know would like to come on board as our palliative care volunteers and attend this training, please register your interest 5775 3161.

Upcoming events:

"Friends of Rosehaven. welcoming weekly Wednesday's"



Recommencing February the 2nd

10 - 12pm

This is a day for our volunteers and friends, to come and enjoy Rosehaven, have a cuppa and a chat, bring a plate to share, do some tasks that may be required, read a book, sit or work in the garden.

Rosehaven's facilitated bereavement support group

Will commence 8th of February 2022.

Group sessions will be held on the 2nd Tuesday of the month in Bob's shed from 10 - 11am. If you would like to know more please contact

Alicia on 0408 854 281

We offer respite to <u>all</u> people in community. Did You Know? Guests will be assessed to ensure they meet our criteria, this assists us in maintaining the safety of our guest, volunteers and staff at all times.

If you know of anyone that would benefit from respite, then please get them to call in and see us, or call for more information. Referrals can be made through individuals, family or peoples health care teams.

We are able to provide services through peoples aged care packages and NDIS plans.

We are already expecting our respite services to expand in 2022, with bookings already coming in. We are currently looking for compassionate, caring support service workers, that have a certificate III in individual support / aged care or equivalent to join our team. If you are, or know someone that is a compassionate, caring individual with the above qualifications then please let them know we are recruiting.

In February Life's Circle is hosting "The Last Waltz." a live performance. The performance will be held at Mansfield Performing Arts Centre, with all ticket proceeds going towards Rosehaven.

The performance is heart-warming, poignant, sad and beautiful all in one, with local actresses Rose Sexton (a palliative care nurse) and Bec Bolwell. "The Last Waltz " A matter of life and death is about life, death, and family healing.

Performances will be held on the 18th of February, a matinee at 2pm and an evening performance 7pm. Tickets on

By Paullette MacDougal A Matter of Life and Death

sale from the middle of January at: www.trybooking.com/BVARJ or from the Rosehaven shop. Be sure to get in early.

We had a very successful fundraiser on the 1st weekend of December, local photographer Sandra Lee gave her time, to Rosehaven and young Mansfield families, to create a little Christmas magic. Deb donated most of the Christmas decorations to set the scene, Deb, Dom, Alicia and I then set up the scene. The Men's Shed designed and constructed our Santa sleigh. Thank you to the volunteers on the day, Jenny, Bob and Renee.



Upcoming events:

"The Last Waltz"

A matter of life and death.

Friday 18th February

2pm or 7pm show times at the Mansfield PAC.

For more details contact Helen Seiker on 0411 524 866.

Palliative Care Volunteers training

Thursday the 3rd of March and Friday the 4th March at St John's Hall Mansfield. 9 - 5pm

Register your interest with Bianca on 0417 593 843 or manager@rosehaven.org.au Alicia thank you for all of your work with organsing this fabulous fundraising event, we look forward to Rosehaven providing this to our community on an annual basis. The funds from this year going towards the cost of materials and Men's shed labour for the sleigh.



Next year, not having the outlay, we look forward to this being one of our annual fundraising events.

The Mansfield families that took part, have all commented and passed on many thanks for us holding this, and look forward to next year already. A very big thank you to Santa, who stepped in last minute and did a tremendous job of brining Christmas magic to those little faces. **PRICELESS.**



Thank you to all of those who supported our Christmas raffle and those that donated goods. Raffle was very well received with the winners being drawn yesterday. Congratulations to all our winners 1st Nerida, 2nd Chris, 3rd Kevin, 4th M. Murray

VOLUNTEER CHRISTMAS BBQ

On Tuesday the 14th of December we held our volunteer Christmas BBQ. This was an opportunity for the Board and Management to thank all of the volunteers fo their work throughout the year.



A big thank you to Marg for organising the successful evening, our sponsors of the BBQ being Harcourtnutriens

and Foodworks, we thank you for your support, and to the third hand volunteers that cooked so as we could allow our volunteers to enjoy the evening, and a very big thank you to the MAD orchestra that played beautiful music out in the gardens whilst dinner was enjoyed by all.



We thank all of you for your ongoing support.

Wishing all of our Rosehaven families a very Merry Christmas and a very safe festive season.



May 2022 bring health, happiness, love and joy.