

Mission Statement:

To provide compassionate, community driven support of high quality to people with life limiting illness and their families through education, respite care, outreach services and advocacy.

Our Vision

To re-establish death as a natural transition of life, supported by community in non-clinical environments.

Our Values:

- Compassion
- Community involvement
- Community participation
- Respect
- Dignity
- Trust

Rosehaven is a five bedroom home in a tranquil garden setting offering nonclinical respite and end of life care for people in the Mansfield district and their families.

- Our services include:
- Short Term Respite,
 - End of Life Care,
 - Community Outreach,
 - Equipment Loans,
 - Grief and Bereavement Services,
 - Death Literacy Education,
 - Advance Care Planning,
 - Advocacy.

We operate with a dedicated team of qualified staff and volunteers offering Palliative Care Victoria training on a regular basis.

Rosehaven is a not-for-profit charitable organisation with DGR status, reliant on donations, bequests, and philanthropic support.

Wow where has that gone, I realised that this week we were already a quarter of the way through the year, which also meant it was time to update everyone on Rosehaven happenings.

We have had an amazing start to the 2022 year, and our momentum is building. This could not be achieved without all of our supporters, our 72 active volunteers, our community sponsors, donor's, our philanthropic foundations, all those in community that are spreading the word, and our guests and their families, for giving us an opportunity to support them and improve their quality of life.



We hope that all our families had a lovely Easter and took the time to catch up with family and friends.

A big congratulations to Grandma Jillian Wilkes, who purchased the winning ticket for her grandson.

At our regular "Friends of Rosehaven" weekly morning tea, on the Wednesday prior to Easter, our volunteers were treated to a reverse easter egg hunt, where the children of Rosehaven (as children were on school holidays, and are always welcome to join our Wednesday morning tea) went about hiding the eggs and our volunteers had an opportunity to find them, with a little help .



We have been lucky enough to have donated, by Catriona and Debbie, an all terrain knee walker to make available to community members that may require this for their rehabilitation.

This piece of equipment didn't even get to the shed before it was lent out to a community member.

Debbie Mims and Catriona Wilson continue with their fundraiser of croissants and jam, all of the funds raised from the sales go towards providing emergency respite for people that may not otherwise be able to afford it. Over \$3000 has been banked, so a very big thank you to you ladies.

If you would like to purchase any delicious croissants or home made jam then please contact either Catriona (0417 514 306) or Debbie (0411 149 085).

We would like to thank Debbie and Catriona for all of their efforts. This money has been used for 2 respite stays already this year. These community members were both at crisis points, and were very appreciative to the generosity.



Day Respite available:

Person centred respite come from an hour to all day.

Overnight respite available:

If you or anyone you know would like overnight short term respite, please call and talk to the team to discuss individual needs and requirements.

End-of-life care as required.

Community outreach and advocacy support - as required and tailored to individual needs

Find us:

82a Malcolm Street, Mansfield
Victoria, 3722
Phone: 03) 5775 3161
Mobile: 0417 593 843
Email:
manager@roshaven.org.au

Visit our website :

<https://rosehaven.org.au>
Like us on Facebook

Donate - Donations can be made by mail, in person and via our website.

All donations over \$2 are tax deductible. Contact us today to make your donation.

Rosehaven shop is open:

Monday—Friday 10 –4pm
Sat / Sun 10—2pm

*Closed Christmas day and boxing day.

Please only drop off goods during shop hours.

Shop manager -

Cathie Smith - 0409 787 481 or
jvandcsmith@gmail.com



Vale

Jane Wilson

6th March 2022

“What I can’t explain to others who’ve never been through it.” Author unknown

Grief doesn’t just show up the day they die,

Grief shows up on a random Monday night

Grief shows up in aisle five at the grocery store

Grief shows up when their favourite song comes on the radio

Grief shows up at the dining room table

Grief shows up at your graduation and wedding

Grief shows up in the delivery room when they aren’t by your side or in the pictures

Grief shows up on those sleepless nights

Grief shows up when the phone rings and it isn’t them

Grief shows up when you go to dial their number and realize they’ll never answer again

Grief shows up time and time again always unexpected and never invited

Grief doesn’t just show up the day they die.

Rosehaven is holding a bereavement support group in Bob’s shed. On the 2nd Tuesday of the month from 10 -11am These are facilitated meetings by our grief and bereavement support coordinator. Sessions can be attended on a regular or adhoc basis.

If you would like more information please contact Alicia on 0408 854 281



Thank you to Liz and Rosie who volunteered at the Autumn race meet here in Mansfield selling raffle tickets which resulted in a generous donation of \$400.00.

A big thank you to Mansfield and District Race Club for inviting us to be the Race Day Charity.

Congratulations to Rosie for winning fashions on the fields on the day, with her fur and clutch bought from our own Rosehaven shop.



A very big congratulations to Cathie and her team of dedicated volunteers. This months takings has seen Rosehaven Shop raise \$50,000 that goes towards Rosehaven’s operational costs.

Thank you to those in community that have donated, supported and purchased goods.



Upcoming events:

Friends of Rosehaven, Morning tea

Wednesday's 10 -12pm

This is a day for our volunteers and friends, to come and enjoy Rosehaven, have a cuppa and a chat, bring a plate to share, do some tasks that may be required, read a book, sit or work in the garden.

Rosehaven's facilitated bereavement support group

Group sessions are held on the 2nd Tuesday of the month in Bob's shed from 10 - 11am. If you would like to know more please contact Alicia on 0408 854 281

Volunteer's thank you BBQ

We would like to invite all of our volunteers to a thank you BBQ for all that you do for us.

Thursday May 19th 1pm at Rosehaven.

RSVP 13th May

manager@rosehaven.org.au or ph: 57753161

Palliative Care week

22nd - 28th May

We are looking at visiting Natural Grace in Woodend which would include an education session. We will either bus down or car pool.

If you are interested please register your interest with Bianca - 57753161 or manager@rosehaven.org.au

In February Life's Circle hosted "The Last Waltz." a live performance. The performance was held at Mansfield Performing Arts Centre.

For those that missed the performance it was a great and was certainly thought provoking

We would like to thank Life's Circle for organizing such a brilliant event, thank you to our volunteers that assisted on the afternoon and night. Life's Circle presented us with a cheque from the proceeds of the ticket sales of \$1551.78



Congratulations to our new Rosehaven angels. These ladies participated in the 9 modules of palliative care, over 2 days. Sharing life experiences, gaining knowledge and getting to know each other.

Rosehaven is proud to say we have 18 trained palliative care volunteers, that are able to assist with our community outreach program, providing companionship, respite, transport etc, to people in our community that are living with life limiting illnesses in their own homes.

If you or anyone you know is interested in becoming one of our angels please touch base on 5775 3161 or manager@rosehaven.org.au

In February we hosted a very special group of guests in Mick, Sara and their family, with their nurse Michelle, from nurse next door.

Mick sustained a spinal cord injury following a fall, early last year. He got up from his bed to go to the toilet, tripped over resulting in him becoming a quadriplegic. Sara first touched base with Rosehaven after exhausting all resources trying to find accommodation locally, that was able to accommodate Mick's needs. It was looking as though they were going to be unable to attend their sons wedding in Maidmample.



In true Rosehaven style, we were honoured to be able to provide support and accommodation, all in line with our vision of providing quality of life. Michelle, and Rosehaven staff worked together to ensure that Sara was mother of the groom, and wife of Mick for the weekend, and Mick father of the groom, and husband to Sara, providing support with activities of daily living and accompanying Mick to the wedding.

Groom Matt had his pre-wedding photos here at Rosehaven, in the home and out in our beautiful gardens. What a truly inspirational family. It was a pleasure and honour being a part of their special day.



Our new bin shed and sensory garden. Thank you to our clever volunteers for creating such beautiful spaces, we are so lucky to have multi skilled volunteers that share their skills with us and our community.



Upcoming events:

Mental Health First Aid

Monday 18th & 25th July or

Friday 7th & 14th Oct

Limited numbers for active volunteers. Please register your expression of interest:

manager@rosehaven.org.au

5775 3161

Would you like to join the team

Our volunteers are our lifeblood, if you would like to volunteer with Rosehaven please get in touch or register online:

<http://btrr.im/qnmoz>



Floris

During advance care planning week, we held a very successful Advance Care Planning forum, with close to 60 community members attending the afternoon session.

A big thank you to the Delatite hotel, for hosting us, their hospitality on the day, and for their ongoing support.



We were fortunate to have a very knowledgeable panel consisting of Dr Andrew Wettenhall - Mansfield Medical Clinic, Andrew Howie - McCormack Funerals, Katie Lockey - Mal, Ryan and Glen and Libby Moloney - Natural Grace. Thank you to all the panellists that gave their time for the afternoon and educated participants in the importance of advance care planning.

There was lots of questions and interaction from attendees. The feedback has been very positive, and we have been asked to hold this as an annual event.



On Labour day weekend, we hosted Helen Haines. Helen had a tour of our shop asking lots of questions and appreciating all of the work of our shop volunteers. We then welcomed Helen to Rosehaven where we were able to share the work we are doing and demonstrate the compassionate, caring community that we are. Thank you to the volunteers for making the visit extra special.

On behalf of the Rosehaven team, I would like to thank everyone for all of their support, we are very fortunate to have such a wonderful community of people involved in Rosehaven.

We are looking forward to 2022, and seeing Rosehaven continue to grow.



Rosehaven a caring, compassionate community.