



From the Manager

Hoping all our volunteers, donors, staff, and supporters have had a lovely Easter and were able to spend some precious time with family. This quarter has been a busy one, with preplanning for our year, recruiting casual staff and growing in the amount of people we are supporting in community.

We are so fortunate to live in such a wonderful supportive community.

We held our first stall at the community market and my goodness what a success. A massive big thank you to Liz for her organising and putting it all together. Margie and Liz have spent hours potting and replanting to supply plants to sell. Our team of Lumber Jacks went and collected our trailer load of wood from Suzanne's property to raffle. We had a bunch of volunteers man the stall on Saturday and the weather was kinder than expected. An absolute team effort that saw us raise over \$1000 in plant and raffle ticket sales. It also gave us an opportunity to raise our profile and give people in community education around our services and what we provide. Congratulations team. The Mansfield Bush Market has also very kindly donated \$500 for us supporting them with supplying a person adequately trained in first aid for the day. Community looking after community.

We have many opportunities coming up over the following months, so please keep an eye out on Better Impact for our volunteers, our Facebook page or listen out on our local radio to keep updated.

Please keep sharing the work we are doing and the services we provide.

I am so very proud of the work we are doing, the team that we are, and the compassionate, caring community we provide.

Till next time, take care and stay warm.

Kind regards

Bianca

Who we are...

Mission Statement:

To provide compassionate, community driven support of high quality to people with life limiting illness and their families through education, respite care, outreach services and advocacy.

Our Vision

To re-establish death as a natural transition of life, supported by community in non-clinical environments.

Our Values:

Compassion
Community involvement
Community participation
Respect
Dignity
Trust



Upcoming Events

Friday 7th April	Good Friday - Shop CLOSED
Tuesday 9th May	Fashion Parade 7pm
Monday 17th & 24th April	2-Part Memoir Writing Workshop 10am - 12 pm
Tuesday 25th April	ANZAC Day - Shop CLOSED
Wednesday 26th April	Shop Volunteer's Team Luncheon (early close, see Cathie for details)
Thursday 4th May	Grief Support Group 10 - 11 am
21st - 27th May	Palliative Care Week Watch this space
Monday & Tuesday 22nd & 23rd May	Palliative Care Volunteer Training 9am - 4pm
Wednesday 31st May	Shop Volunteer's Team Luncheon (early close, see Cathie for details)
Thursday 1st June	Grief Support Group 10 - 11 am
Wednesday 28th June	Shop Volunteer's Team Luncheon (early close, see Cathie for details)
Wednesday 12th July	Palliative Care Team Meeting

If you would like to know more about any of the above events,
please call 5775 3161 or email: info@rosehaven.org.au

Our services:

- Short Term Respite, from 1hr to overnight
- Overnight Respite on the last week of the month.
- End of Life Care
- Outreach (in-home) support
- Equipment Loans
- Grief and Bereavement Services
- Grief Support Group, first Thursday of the month
- Death Literacy Education
- Advance Care Planning
- Advocacy.

Rosehaven is a not-for-profit charitable organisation with DGR status, reliant on donations, bequests, and philanthropic.

Tax-deductible donations can be made to:

Rosehaven Hospice Ltd
BSB: 633 000
Acc Number: 164026429

or by following the QR code:





Dates respite offered

Day Respite

Weekdays 10am - 4pm
or by negotiation

Overnight Mid-Week Respite

April 27th - April 28th

May 1st - May 5th

May 29th - June 2nd

June 26th - June 30th

July 31st - August 4th

August 28th - September 1st

September 25th - September 29th

October 30th - November 3rd

November 27th - December 1st

Overnight Weekend Respite

April 28th - 30th

May 5th - May 7th

August 25th - August 27th

December 1st - December 3rd

Contact Rosehaven: 5775 3161

Upcoming Events

Welcoming Wednesdays

Recent Wednesday mornings have seen an increase in participants attending for social engagement. We would like to encourage anyone in community who is feeling isolated, or knows someone who is feeling like this to join us for Morning Tea.

If you may be interested in engaging Rosehaven's services in the future, Toni is available to run facility tours at 11:30 as part of this weekly activity.



A word of thanks

Rosehaven would like to thank the following people and organisations for their generosity and support. Thank you for helping us support the community.

Dyson Bequest

Hugh DT Williamson Foundation

Canchester Trust

Friday Foundation

Bendigo Community Bank

Sandra Lee Photography for art in the meeting room

Samatha Curran - Oven for community space

Mansfield Courier

Carers Gateway

Mehegan Family - New Mower

Joshua Kelly of Yea Machinery

Chris Sullivan - for artwork in community space

Linda Tucker - Covered in Care Quilt

...and the many other private and corporate donors and sponsors.

and lastly, to our wonderful volunteers - thank you for your time and enthusiasm.

Autumn 2023 Newsletter



Covered in Care

Traditions and rituals can provide a sense of security in uncertain times. They help mark important events in our lives as meaningful. Rosehaven was honoured to recently take possession of this stunning and lovingly crafted quilt. This quilt will be the centrepiece of what we hope will become a long-running Rosehaven tradition and ritual - adorning the bed's of our recently deceased guests as they depart Rosehaven for the final time. Designed to be symbolic of the care Rosehaven covers our guests in during the last stage of their lives. We hope this ritual will bring comfort to families who recognise that others have trodden this path before, and that Rosehaven continues to care following death. Many thanks to Linda Tucker for the immense effort that went into this masterpiece



Vale Bill Mehegan

Just prior to Christmas, Rosehaven was greatly honoured to host a family as they said good bye and cared for their husband, father, grandfather, and great-grandfather at the end of his life.

Despite the inevitable sadness of the impending death, joy, life and laughter were also plentiful during this families stay.

Rosehaven would like to thank all volunteers and community who helped support this family directly or indirectly through your donations of time, money and general support.

Palliative Care Volunteers: Changing the Journey

Palliative Care Volunteers are the 'boots on the ground' support for people living or caring for someone with a life-limiting illness.

PCV training will be run on two separate occasions this year. If you are interested in finding out more about what you could do to affect someone's journey, or would like to join our next training, please register your interest on Better Impact or with Alicia (info@rosehaven.org.au).

Advance Care Planning Forum



On March 22nd, Advance Care Planning Forum took place at the Delatite Hotel. This annual event is one of Rosehaven's most successful community education programs, and a key part of our goal to increase death literacy in Mansfield. We were thrilled to have a full house once again this year.

Many thanks go to Andrew Wettenhall (Mansfield Medical Clinic), Karli Brkjacic (Central General Practice), Katie Lockey (Mel, Ryan and Glen), Andrew Howie (McCormacks Funerals), Libby Moloney (Natural Grace) for their continued support of this event and for their generous donation of their time towards providing free education for the Mansfield community.



It was also a chance to formally launch Rosehaven's "Future Care Wishes" document. This document helps guide people through what they should consider when first starting to develop an Advanced Care Plan including thinking about what is important to you and what your choices would be if you were unable to communicate. If you would like more information about this document, please contact info@rosehaven.org.au

BRAVO!!!



Congratulations go to Cathie Smith, who was recognised as Mansfield's 'Citizen of the Year' with her relentless contribution to the community honoured during Australia Day celebrations.

Cathie has been part of the Rosehaven community long before it's inception, with a friendship with Bob & Isabel Appleby. Her dedication to our Rosehaven shop goes far beyond anything we could ever ask and we appreciate every thing she does.

Choice in Dying with Joanne Hymus



On the 21st of February 18 Palliative Care Volunteers gathered to learn about Voluntary Assisted Dying, Joanne Hymus - Greater Hume Region Care Navigator, Clinical Nurse Consultant and learnt about ways Rosehaven may assist people going through the process of VAD.

Thank you for a fantastic presentation and sharing your knowledge and expertise.

News from the Shop

Change of season means a new wardrobe!

Ummm, I mean, the stock in the shop...Not that I am going to go on a shopping spree... Honestly!

The team at the shop has been busy getting set up for the long weekend, pop in and check out the new stock, or to lend a hand. Plans are a-foot for winter season fashion parade in May, speak to Cathie if you would would like to be involved with the night or the pre-event organisation.

Community Meeting space

...and we are up and running!!!

Congratulations to all persons involved on such a fantastic outcome.

What was once 'just' a shed, now is a warm and welcoming community space that is being used extensively by our Support Group and Welcoming Wednesday group. A great deal of colour and character has been brought into the space through the generous donation of artwork by Chris Sullivan.



Around the Grounds



Autumn is in upon us! I feel the weather has been pretty kind to us so far, with only a few hints at cooler weather on the horizon, but there have been other hints! The leaves are one, but also the Euro Wasps have been out and about. Thankfully, there is now one less nest in town, with a very large hive recently removed from the maintenance shed.

The gardening team have been proactively preparing for the upcoming wetter half of the year, with a new potting shed set to make some tasks in the vege garden much more pleasant.

Not ones to rest on their laurels, the gardening team barley took a break over Christmas - coming in to mow and to harvest HEAPS of fresh produce which has been donated to the food bank