



From the Manager

I can't believe we are halfway through the year already.

A big shout out to our gardening team; our gardens are always beautiful, but wow what a beautiful show of colour we had during Autumn. Congratulations and thank you team.

We had great attendance at our Community open day breakfast, and afternoon tea. Community members including paramedics, the mayor and councillors, priests from local churches (just to mention a few) were able to learn more about Rosehaven and how we are working collaboratively as a compassionate, caring community.

Having National Volunteer Week, International Nurses Day, and National Palliative Care Week all in May provided us the perfect opportunity to acknowledge and thank those who make our work possible.

Our volunteers have had many education opportunities already this year with training in Voluntary Assisted Dying, Motor Neurone Disease, Memoir Writing, and 'Accidental counsellor' skills, just to mention a few.

I am so very proud of the work we did recently supporting one of our first respite guests and their family. This gentleman first came to Rosehaven in May 2021. We assisted with his Advance Care Planning and he spent time at Rosehaven on respite where he would share stories of his life while enjoying a cheeky cuppa and some homemade Rosehaven treats.

In the last month of his life, Rosehaven was able to provide supportive end-of-life care through advocacy, equipment, education, and daily support for him and his family, assisting this gentleman to return home from hospital where was cared for by his family. Following his death, he was transported to Rosehaven, where we cared for him on our "cold plate" for the week, so family and friends could pop in, say goodbye and pay their respects. A celebration of his life was organised and held at Rosehaven with 70 of his family and friends.

Thank you to all the volunteers, staff, Andrew Howie from McCormack funerals, and Gille from The Produce Store, for making this a memorable celebration of a much-loved Rosehaven guest.

Please keep sharing the work we are doing and the services we provide.

So proud to be a part of Rosehaven providing Mansfield with a compassionate, caring community. Till next time, take care and stay warm.

Bianca



Who we are...

Mission Statement:

To provide compassionate, community driven support of high quality to people with life limiting illness and their families through education, respite care, outreach services and advocacy.

Our Vision

To re-establish death as a natural transition of life, supported by community in non-clinical environments.

Our Values:

Compassion
Community involvement
Community participation
Respect
Dignity
Trust



Upcoming Events

Wednesday 21st June	Welcoming Wednesday & Solstice Raffle Draw 10-12am
Wednesday 21st June	Winter Solstice Bonfire 3 - 5 pm
Wednesday 28th June	Shop Volunteer's Team Luncheon (early close, see Cathie for details)
Thursday 6th July	Grief and Bereavement Support Group 10am (Community members welcome)
Wednesday 12th July	Palliative Care Team Meeting
Wednesday 26th July	Shop Volunteers' Team Luncheon (early close, see Cathie for details)
Thursday 3rd August	Grief and Bereavement Support Group 10am (Community members welcome)
Monday 7th August	Death Cafe Details TBC
Wednesday 30th August	Shop Volunteers' Team Luncheon (early close, see Cathie for details)
Thursday & Friday 7th & 8th Sept	Palliative Care Volunteer Training
Friday 15th Sept	'Cash Cow' Raffle at the Golf Club
Wednesday 21st September	Palliative Care Team Meeting

If you would like to know more about any of the above events,
please call 5775 3161 or email: info@rosehaven.org.au

Our services:

- Short Term Respite, from 1hr to overnight
- Overnight Respite on the last week of the month.
- End of Life Care
- Outreach (in-home) support
- Equipment Loans
- Grief and Bereavement Services
- Grief Support Group, first Thursday of the month
- Death Literacy Education
- Advance Care Planning
- Advocacy.

Rosehaven is a not-for-profit charitable organisation with DGR status, reliant on donations, bequests, and philanthropic grants.

Tax-deductible donations can be made to:

Rosehaven Hospice Ltd

BSB: 633 000

Acc Number: 164026429

Please email

lisamarshbookkeeping@gmail.com
for a receipt.

OR by following the QR code:





Upcoming Events

Day Respite

Weekdays 10am - 4pm
or by negotiation

Overnight Mid-Week Respite

June 26th - June 30th

July 31st - August 4th

August 28th - September 1st

September 25th - September 29th

October 30th - November 3rd

November 27th - December 1st

Overnight Weekend Respite

August 25th - August 27th

December 1st - December 3rd

Palliative Care Volunteer Training

Palliative Care volunteers are the 'boots on the ground' support for people living or caring for someone with a life limiting illness. Directly seeing the change that support can make to a person can make this a very rewarding role.

Volunteers have provided: transport to appointments; in home respite, company and friendship; advance care planning; assistance with navigating My Aged Care; memoir writing; walking and feeding animals; shopping, cooking and personal care.

If you are interested in joining our next training, please register your interest with Bianca (manager@rosehaven.org.au).

The night is darkest before dawn...
Join us as we reflect on and celebrate personal and community resilience before the slow build toward brighter days

rosehaven
MANSFIELD

Winter Solstice Bonfire

Fire roasted Loaded Potatoes
Solstice Raffle Winner Announced
BYO Drinks and Chair

Wednesday
June 21st
3:00pm-5:00pm

For more information:
info@rosehaven.org.au
5775 3161

RSVP on
Better Impact
by June 15th

Dying to Know Day
3 August

D2KD is an annual campaign that empowers all adult Australians to be strong self-advocates for their own personal planning when it comes to their future.

Rosehaven would like to host a 'Death Cafe'. If you would like to be involved in planning this event, please speak to Bianca, Alicia or register your interest at info@rosehaven.org.

A word of thanks

Rosehaven would like to thank the following people and organisations for their generosity and support. Thank you for helping us support the community.

The Dyson Bequest

Hugh DT Williamson Foundation

Bendigo Community Bank

Deb & Catriona: emergency respite fundraising & outdoor furniture donation

Stolz Mansfield and Benalla - Major Prize donor for the Solstice Raffle

Australia Post - grant to upgrade community space kitchen

Rowville-Lysterfield Rotary for volunteer computers

AWM and Stan Brown - supply and installation of

Allan Humbert - Stock trough

The Harry & Clare Friday Foundation

Carers Gateway

The Collie Foundation

Canchester Trust

Mansfield Courier

Solstice Raffle donors:

VOUCHERS GENEROUSLY SUPPLIED BY THE FOLLOWING -:

ALPINE BUTCHERY

BEAUTIFEYE

EDITH & MAY

EISNER'S PHARMACY

LITTLE GEM

MAC & MILLY

MANSFIELD COLOUR ROOM

MANSFIELD HUNTING & FISHING

MANSFIELD SHOE STORE

MANSFIELD SWEETS

MICHINDIS HAIR SALON

SEASONS CHINESE MASSAGE

...and the many other private and corporate donors and sponsors.

and lastly, to our wonderful volunteers - thank you for your time and enthusiasm.

By the numbers...

In the first three months of this year Rosehaven has provided the community:

16 nights of overnight respite

Weekly in-home community outreach for 3 people

5 massages for inhouse guests

47 pieces of equipment loans to community

Use of the gardens and facilities for 2 family memorials

35 days of day visit respite

Weekly or fortnightly community transport for 3 people

Advocacy support to 9 people and their families.

1 community event to improve Mansfield community death literacy

We are supported by 82 active volunteers.

We welcome 2 new casual staff, Donna and Lauren to our team and Anita, a student completing her diploma in Community Services.

Over 1200 Volunteer hours have been logged in Better Impact, although actual hours volunteered exceeds this as not all volunteers are currently using Better Impact to record their volunteering.

Many hands, light work...

Did you know we provide end-of-life care free to the community?

While our provision of many services is made possible by the generosity of our volunteers, we also rely on the generosity of philanthropic donors and sponsors.

Rosehaven is a registered not-for-profit with DGR status. This means that donations are tax deductible, and with the end of the financial year just around the corner I encourage you to consider (or encourage others to consider) Rosehaven for any last-minute tax deductible donations.

Every dollar counts and many hands make light work.





Winter Solstice Raffle

Major Prize — Andover Lazy Boy Recliner covered in Braxton Cloud Fabric
Value— \$1699.00
Generously Supplied by

STOLZ OF BENALLA AND MANSFIELD



Second prize — Mystery Voucher Bundle to the value of \$500.00.

Third Prize — Mystery Voucher Bundle to the value of \$250.00.

VOUCHERS GENEROUSLY SUPPLIED BY THE FOLLOWING :-

- | | |
|-------------------|-----------------------------|
| ALPINE BUTCHERY | MANSFIELD COLOUR ROOM |
| BEAUTIFEYE | MANSFIELD HUNTING & FISHING |
| EDITH & MAY | MANSFIELD SHOE STORE |
| EISNER'S PHARMACY | MANSFIELD SWEETS |
| LITTLE GEM | MICHINDIS HAIR SALON |
| MAC & MILLY | SEASONS CHINESE MASSAGE |

Tickets available at Rosehaven Shop , High Street Mansfield & Rosehaven , 82A Malcolms Street Mansfield
Cost—\$5 ea. or 3 for \$10 Drawn on 21st June 2023

Solstice raffle

We would like to take a minute to acknowledge the monumental effort that has gone into the planning coordinating and execution of the monumental Winter Solstice Raffle. Volunteers led by Liz Clarke have been braving the elements to sell tickets to what is one of the most fantastic pool of prizes, thank to the generosity of many local businesses.

This is also a great opportunity to reflect on how individual support of local businesses can support the wider community.

Our tickets are all sold out and we look forward to drawing the winners on Wednesday. Good Luck to everyone who supported the raffle and purchased tickets.



We love our bank!

A journey of a thousand miles, or in the case of community-run NFP's a journey of a thousand donations. We are incredibly grateful to all our supporters - big and small, and recognise that Rosehaven is only here because of this support. We would like to specifically recognise the repeated support for various Rosehaven initiatives provided by the Mansfield and District Community Bank, and for their continuous support of the Mansfield community more broadly.



I can see clearly now...

Thanks to a donation of lighting fixtures from AWM Electrical Mansfield. Stan Brown, volunteered his time to recently fit out the maintenance shed with improved lighting. The improved visibility has increased the safety and usability of the shed space for conducting maintenance.

Rotary Visit

Earlier this year we were happy to host this marvellous group of people from Rowville Lysterfield Rotary for a tour of the facility.

Two computers were generously donated by Heather Eddy and Bob Morris, cleaned by Alan Lunghusen and delivered by Ian Vesey. These are now available for use by our Memoir writing volunteers to type up people's stories and to support our volunteers with limited access to technology to complete online tasks.

Thank you for your generosity .



Memoir Writing

In April, a number of volunteers undertook training to develop their skills in memoir writing. The complexity and skill required to accurately capture someone else's voice is sometimes underestimated. This is now

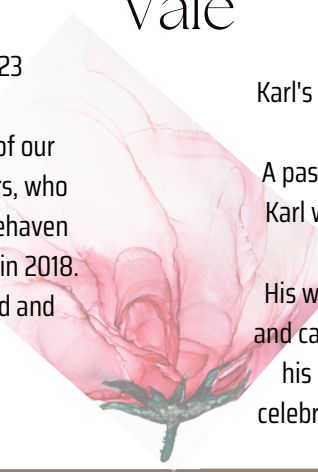
a service our volunteers are well equipped and enthusiastic to offer, free to the community. Please get in touch if you have any enquiries



Vale

Frank Manchester 24/4/23

Frank was husband to one of our dedicated, tireless volunteers, who has been a supporter of Rosehaven since the very beginning back in 2018. Thinking of Lois, Nicole, Judd and family at this time.



Karl Pfluger 29/4/23

Karl's smile and personality lit up any room he was in.

A passionate gardener and connoisseur of muesli. Karl was always ready to share stories about the life he lived.

His wife Irene's passionate support for his wishes and care needs saw him die at home, with family at his bedside. Karl was formally farewelled at a celebration of life get together, held and organised by the Rosehaven team.

BRAVO!!!



Congratulations to Renee Prosser!

Renee is a dedicated palliative care volunteer who has volunteered over 70 hours to our respite services and house cleaning this year alone. In her spare time Renee plays social bowls, where she was recently awarded the trophy for Ladies Triple Champion Runner Up.

Fashion Show

Congratulations to Cathie and the shop volunteers on another wonderful night with the Autumn Fashion parade held in May. Not only was it fun filled evening, but the event also raised approximately \$2000 through tickets and clothing sales to support Rosehaven's work in the community!

A huge thankyou goes out to everyone who contributed to making this evening a success, and everyone who supported their efforts by coming along on the evening.



National Palliative Care Week



This years National Palliative Care Week focused on **"Matters of Life and Death"**

The premier of the extraordinary documentary 'Live the life you please' broached this delicate topic with tenderness, sensitivity, candour and acceptance by sharing stories of the love and life shared by families around Australia.

Thank you to Moonshine Agency for giving us the opportunity to screen 'Live the life you please' during NPCW2023

We all shared mixed emotions throughout the screening and Rosehaven Mansfield would like to congratulate the movie makers on presenting invaluable insights into the last chapter of life and thank the families / people for sharing their stories.

MND training

What a great team; 10 of our palliative care volunteers attended a Motor Neurone Disease (MND) education session, held by Sarah Newton, Motor Neurone Disease Shared Care Worker for Hume CNC. Thank you for sharing your knowledge and expertise, giving our volunteers more tools for their toolkits, assisting them to provide quality care to those with life limiting illnesses.



National Volunteers week

What a fabulous morning tea we had celebrating Volunteers Week.

Thank-You to all of the Rosehaven volunteers who attended today and to Mayor Cr. James Tehan & Councillor Paul Sladdin it was wonderful to show you our amazing life changing facility.

Rosehaven runs on the efforts of our volunteers and their roles are diverse. Pictured are the 'Welcoming Wednesday' crew who (among other things) transport / companion day guests, maintain the gardens, perform routine cleaning and upkeep of the house, propagate grow and harvest produce that is distributed to the Mansfield foodbank.

Our volunteers really appreciate the fabulous new community meeting space. Thanks to the following supporters and donors Mansfield & District Community Bank, Harry & Clare Friday Foundation, Wilkon Building and Development, Taylor Consulting Engineers, Brendan Hurlle Electrical and the team of volunteers that painted and completed the space. (Paul Appleby, Chris Clarke, Bryn Jones and Ross Vinton).



Lauriston superstars return

Year 9 students at Lauriston Girls School spend the year boarding at Howqua. In addition to the standard curriculum, experiential learning is used to develop independence, courage, composure and leadership.

We have recently welcomed a cohort of young ladies who elected to participate in community service activities at Rosehaven.

A massive stocktake and reorganising of the loan equipment, has taken place in Bob's Shed, the leaves have been raked and our portable stocktake completed.

During their time with us, the students get the opportunity to learn of the work we undertake, have open conversations and increase their death literacy. They interact with staff, volunteers and guests, asking lots of questions about our compassionate, caring community.

